

SELECT AUTHENTIC DU'A

رَبَّنَا هَبْ لَنَا مِنْ أَزْوَاجِنَا وَذُرِّيَّاتِنَا قُرَّةَ أَعْيُنٍ وَاجْعَلْنَا لِمَنْتَقِينَ إِمَامًا
اے ہمارے رب! ہمیں اپنی بیویوں اور اولاد سے آنکھوں کی ٹھنڈک عطا فرما اور ہمیں متقین کا امام بنا۔

Our Lord, grant us from among our wives and offspring comfort to our eyes and make us an example for the righteous. (Qur'an 25:74)

رَبِّ أَوْزِعْنِي أَنْ أَشْكُرَ نِعْمَتَكَ الَّتِي أَنْعَمْتَ عَلَيَّ وَعَلَىٰ وَالِدَيَّ وَأَنْ أَعْمَلَ صَالِحًا تَرْضَاهُ وَأَصْلِحْ لِي فِي
ذُرِّيَّتِي إِنِّي تُبْتُ إِلَيْكَ وَإِنِّي مِنَ الْمُسْلِمِينَ

اے میرے رب! مجھے توفیق دے کہ میں تیری اس نعمت کا شکر ادا کروں جو تو نے مجھ پر اور میرے والدین پر عطا فرمائی اور یہ کہ ایسا نیک
عمل کروں جس سے تو راضی ہو جائے اور میرے لیے میری اولاد کی اصلاح فرمادے، بے شک میں نے تیری طرف توبہ کی اور بے شک میں
مسلمانوں میں سے ہوں۔

My Lord, enable me to be grateful for Your favor which You have bestowed upon me and upon my parents and to work righteousness of which You will approve and make righteous for me my offspring. Indeed, I have repented to You, and indeed, I am of the Muslims. (Qur'an 46:15)

رَبِّ إِنِّي لِمَا أَنْزَلْتَ إِلَيَّ مِنْ خَيْرٍ فَقِيرٌ
اے میرے رب! جو بھی خیر تو مجھ پر نازل فرمائے، میں اس کا محتاج ہوں۔

My Lord, indeed I am, for whatever good You would send down to me, in need. (Qur'an 28:24)

رَبِّ ارْحَمْهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا
اے میرے رب! ان دونوں (والدین) پر رحم فرما، جس طرح انہوں نے مجھے بچپن میں پالا تھا۔

My Lord, have mercy upon them as they raised me [when I was] small. (Qur'an 17:24)

(اللَّهُمَّ) يَا مُقَلِّبَ الْقُلُوبِ ثَبِّتْ قَلْبِي عَلَىٰ دِينِكَ
(اے اللہ) اے دلوں کو پھیرنے والے میرے دل کو اپنے دین پر ثابت رکھ۔

(O Allah!) O one who turns the hearts make my heart steadfast upon Your Deen. (Al Tirmidhi)

اللَّهُمَّ اتِّ نَفْسِي تَقْوَاهَا وَزَكَّاهَا أَنْتَ خَيْرُ مَنْ زَكَّاهَا أَنْتَ وَلِيِّهَا وَمَوْلَاهَا

اے اللہ! میرے نفس کو اسکا تقویٰ عطا کر اور اس کو پاک رکھ، تو ہی اس کو بہترین پاک کرنے والا ہے، تو ہی اس کا ولی اور مولیٰ ہے۔

O Allah! Grant piety to my soul (nafs) and purify it, You are the Best of the ones to purify it, You are its Guardian and Patron. (Sahih Muslim)

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْهَمِّ وَالْحَزَنِ وَالْعَجْزِ وَالْكَسَلِ وَالْجُبْنِ وَالْبُخْلِ وَصَلَحِ الدِّينِ وَغَلْبَةِ الرِّجَالِ

اے اللہ! بے شک میں فکر و غم، عاجزی و سستی، بزدلی و بخل، قرض کے بوجھ اور لوگوں کے غلبے سے تیری پناہ چاہتا ہوں۔

O Allah, I seek refuge in You from worry, grief, helplessness, laziness, cowardice, miserliness, the burden of debt, and being overpowered by men. (Sahih Al Bukhari)

رَبَّنَا تَقَبَّلْ مِنَّا إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ

اے ہمارے رب، ہم سے یہ خدمت قبول فرمائے، تو سب کی سننے اور سب کچھ جاننے والا ہے

Our Lord, accept [this] from us. Indeed, You are the Hearing, the Knowing. (Qur'an 2:127)

AL HABIB

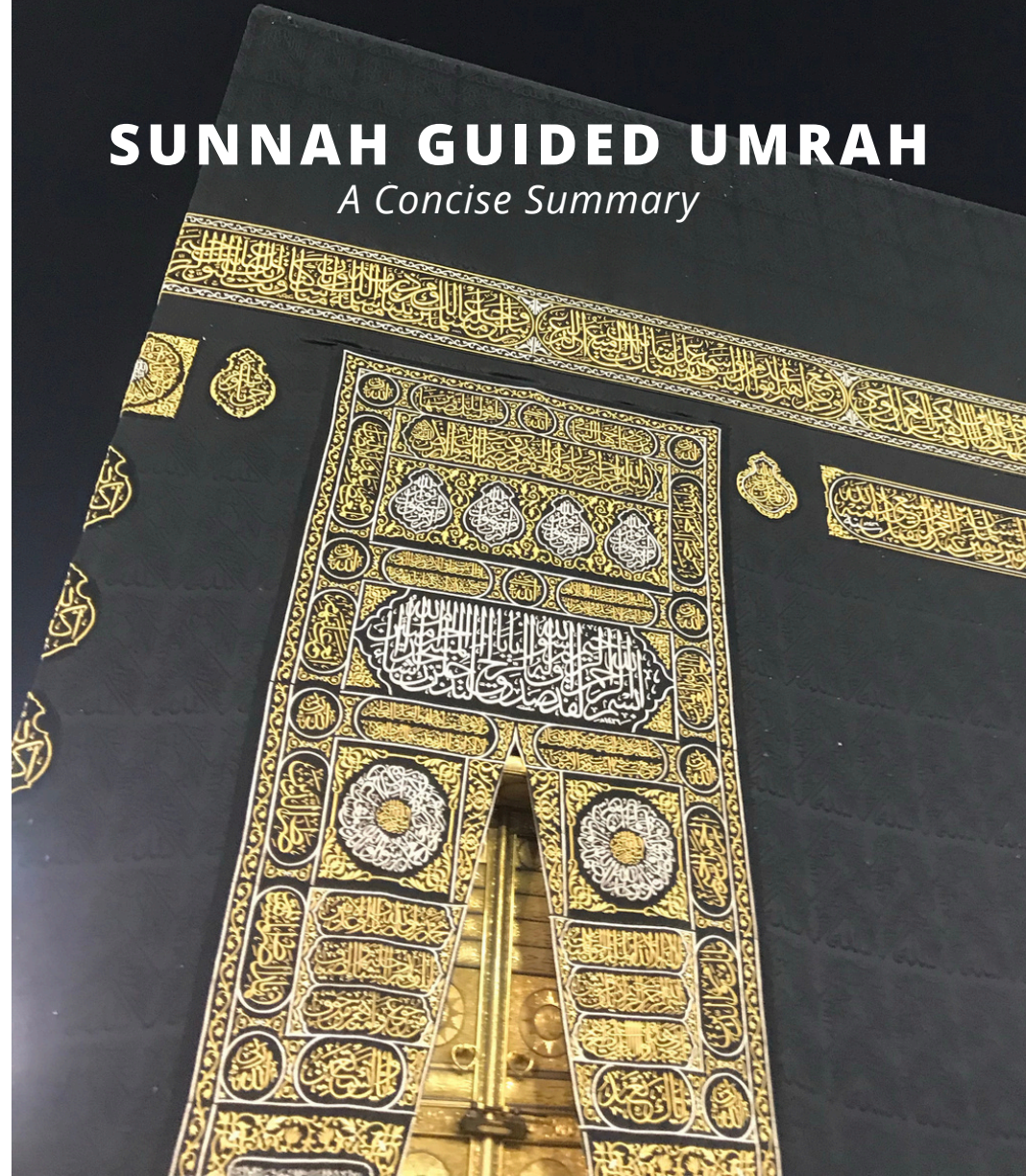
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SUNNAH GUIDED UMRAH

A Concise Summary



SUMMARIZED UMRAH GUIDE

1. BEFORE REACHING MEEQAT

Put on clothes of Ihram: Men wear izār around waist (belt is allowed) and ridā' draped over top with slippers and do not cover head. Women wear regular clothes for women but should not wear niqab and gloves.

2. APPROACHING MEEQAT

Make intention to enter state of Ihram:

لَبَّيْكَ اللَّهُمَّ عُمْرَةً

(Labbayka Llāhumma 'Umrah)

O Allah, here I am to perform 'Umrah. You are now in a state of Ihram.



3. RECITE TALBIYAH FREQUENTLY AND OUT LOUD:

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ. لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ.

إِنَّ الْحَمْدَ وَالنِّعْمَةَ لَكَ وَالْمُلْكَ لَا شَرِيكَ لَكَ

(Labbayka Llāhumma labbayk, labbayka lā sharīka laka labbayk, inna l-hamda wa n-nīmata, laka wa l-mulk, lā sharīka lak.)

Here I am O Allah, (in response to Your call), here I am. Here I am, You have no partner, here I am. Indeed all the Praise, Grace and Sovereignty belong to You. You have no partner.

4. ENTERING MASJID AL-HARAM

Enter with right foot and recite:

اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

(Allahumma aftah lee abwaaba rahmatika)

O Allah, open the doors of Your Mercy for me.

5. PERFORM TAWAF (7 CIRCUITS AROUND THE KA`BAH)

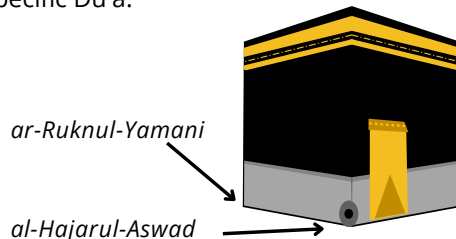
- Wudu' is required.
- Stop reciting Talbiyah
- Men should uncover right shoulder during the tawaf by placing the ridā' underneath right arm-pit (Idhtiba).
- Start at Al-Hajarul-Aswad (The Black Stone)
- Every time at Al-Hajarul-Aswad raise your right hand towards al-Hajarul-Aswad (no kissing of hand) and recite:

اللَّهُ أَكْبَرُ

(Allahu Akbar) Allah is the Greatest

- Men should try to walk briskly (Raml) during first 3 circuits only, the remaining 4 circuits are done at a normal pace with both shoulders covered.

- Make any Du'a in any language while walking. Refer to Qur'anic and Masnoon Du'a for convenience. No particular or specific Du'a.



- Sunnah Du'a to recite between Ar-Ruknul-Yamani and al-Hajarul-Aswad:

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَ

قِنَا عَذَابَ النَّارِ

(Rabbanaa aatinaa fid-dunyaa hasanatan wa feel aakhirati hasanatan wa qinaa 'adhaaban naar)

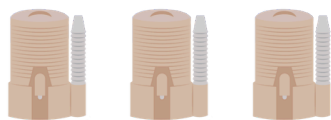
Our Lord! Give us in this world that which is good and in the Hereafter that which is good, and save us from the torment of the Fire!

6. PERFORM 2 RAKAATS ANYWHERE BEHIND MAQAM IBRAHIM (STATION OF IBRAHIM)

- Both shoulders must be covered
- You should pray anywhere you find space and not disturb others
- Preferred to recite Surat al-Kafirun in 1st raka'a and Surat al-Ikhlās in the 2nd raka'a.



7. DRINK ZAM-ZAM WATER AND MAKE ANY DU'A



8. SA'EE (WALK 7 ROUNDS BETWEEN AS-SAFA & AL-MARWAH)

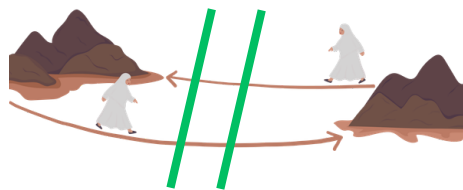
- as-Safa to al-Marwah is one round, al-Marwah to as-Safa is another round, etc. End at al-Marwah.
- Recite as you approach as-Safa the first time only:

إِنَّ الصَّغَا وَالْمَرْوَةَ مِنْ شَعَائِرِ اللَّهِ فَمَنْ حَجَّ الْبَيْتَ أَوْ اعْتَمَرَ فَلَا جُنَاحَ عَلَيْهِ أَنْ يَطَّوَّفَ بِهِمَا

وَمَنْ تَطَوَّعَ خَيْرًا فَإِنَّ اللَّهَ شَاكِرٌ عَلِيمٌ

(Innas-safaa wal marwata min sha'aa'irillaahi faman hajjal baita 'awi tamara falaa junaaha 'alaihi an yatawwafa bihimaa wa man tatawwa'a khiran fa'innAllaha shaakirun 'aleemun)

Verily! As-Safa and al-Marwah are of the Symbols of Allah. So it is not a sin on him who performs Hajj or 'Umrah of the House to perform the Tawaf between them. And whoever does good voluntarily, then verily, Allah is All-Recognizer, All-Knower.



Everytime at as-Safa and al-Marwah, face Qibla, raise hands then recite the following (1st), then make personal Du'a, recite the following (2nd), then make personal Du'a, recite the following (3rd):

اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ

الْحَمْدُ يُحْيِي وَيُمِيتُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ؛

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، أُنْجِزْ وَعْدَهُ وَ

نَصْرَ عَبْدَهُ وَهَزِمِ الْأَحْزَابَ وَحْدَهُ

(Allahu Akbar Allahu Akbar Allahu Akbar - laa illaaha illallahu wahdau laa shareekalah - laul mulku wa laul hamdu - yuhyee wa yumeetu wa huwa 'alaa kulli shai'in qadeer - laa ilaaha illallahu wahdahu laa shareekalah - anjaza wa'dahu wa nasara 'abdahu wa hazamal ahzaaba wahdahu)

Allah is the Greatest, Allah is the Greatest, Allah is the Greatest. There is none truly worthy of worship except Allah alone, without partner. To Him belongs all Sovereignty and all Praise. He alone gives life and causes death, He is Omnipotent over all things. There is none truly worthy of worship except Allah alone, without partner. He has fulfilled His promise, and helped His slave, and He alone has defeated the confederates.

- Men should run between the green lights. Women should not run.
- Make any Du'a in any language while walking. Refer to Qur'anic and Masnoon Du'a for convenience. No particular or specific Du'a.

9. EXIT MASJID AL-HARAM

Exit with left foot and recite:

اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ

(Allahumma innee 'as'aluka min fadhlika)

O Allah, verily I ask You from Your Favor.

10. SHAVING HEAD/TRIMMING HAIR

- Men should shave head (preferred) or cut hair removing hair from all over his head, in such a manner that it is clearly obvious.
- Women should cut a fingertip's length from the end of all of her hair.



Congratulations!
Your Umrah is now complete.
May Allah accept it from you.